



For Your Benefit.

Preventive Care for Women

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PPACA previously required all new private health plans, as well as nongrandfathered health plans, to cover several evidence-based preventive services like mammograms, colonoscopies, blood pressure checks, and childhood immunizations without copays, deductibles or coinsurance.

Expanding on this requirement, women will now have access to a full range of recommended preventive services without cost sharing, including:

- well-woman visits;
- screening for gestational diabetes;
- human papillomavirus (HPV) DNA testing for women 30 years and older;
- sexually-transmitted infection counseling;
- human immunodeficiency virus (HIV) screening and counseling;

- FDA-approved contraception methods and contraceptive counseling;
- breastfeeding support, supplies, and counseling; and
- domestic violence screening and counseling.

There are some exceptions to compliance. Grandfathered plans are not required to comply until January 1, 2014. Certain non-profit religious groups may waive the requirement for contraception if it conflicts with the organization's beliefs.

These provisions are effective for new and nongrandfathered health plans for plan years beginning on or after August 1, 2012. For calendar year plans, these new requirements will begin January 1, 2013.

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